



Mission Butterfly

PTSD Programs, Awareness & Advocacy

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7912 Wellington Road 109
Arthur, ON N0G1A0

October 6, 2016

Members of Town of Minto Council
Town of Minto
5941 Highway 89
Harriston, ON N0G 1Z0

Dear Council Members,

"I suffered post traumatic stress from **military discipline measures** which was actually a second trauma as my first was as a child in which I suffered issues of **parental abandonment.**"
Charles Lewis, Corporal, British Army

"I was first at the scene where a child of nine years old lay lifeless. I administered CPR. The child didn't make it. As a result I suffered post traumatic stress with visions of **my own nine year old son** being that child, **being dead.**" *Constable Kelly Krpan, OPP Officer*

"The torture he endured as a POW was a lifetime ago, but he **couldn't forget, and woke up** several times a night in a cold sweat **re-living the experience.**" *Eric Lomax, Lieutenant, British Army (deceased)*

"On several occasions I witnessed carnage - the aftermath of my fellow comrades being blown up. **I am still suffering. I have lost hope of being normal again.**" *William Miller, 3rd Class Petty Officer, US Navy Seabees*

Our purpose at Mission Butterfly is to improve the quality of life and enhance the well being of Veterans, Active Duty Soldiers, First Responders and their families through the delivery of programs that effectively reduce effects or arrest symptoms of PTSD and related conditions.

We have worked hard to develop a diverse, committed Board of Directors, a professional Program Delivery Team and a unique program.

Our "HEALING INVISIBLE WOUNDS INTENSIVE PROGRAM" consists of 80+ hours during 4 (3 day) weekends spread over a 10 week period. We aim to provide a safe space and time for participants to practice and process new skills and tools to achieve mind, body, spirit transformation. We continue to follow-up with our families over the course of one year.

Presently, our clientele, board members and professional team primarily resident in Wellington County.

Our organization, MISSION BUTTERFLY, was incorporated federally as a non profit organization on August 2nd, 2016. This will allow us to not only expand within Ontario but to each and every province over the next 5-10 years.

We are reaching out for support to launch our 1st program and would be both thrilled and grateful for the Town of Minto's participation.

Suggested Support Options

Butterfly Donors

Butterfly donors support our cause in many ways. With a gift of \$5,000 or more your logo will be placed in the distinguished category of the Monarch Butterfly.

Sponsor a Family

A contribution of \$25,267 sponsors one family to attend our "Healing Invisible Wounds" 80+ hour Intensive over a ten week period which also includes 1, 3, 6, and 12 month follow up.

Partner With Us

Your contribution of \$50,000 per year for a term of not less than three years is a most prestigious gift and as such your logo will be placed prestigiously on our website and our social media platforms.

Population Formula

In 2006 the population in the Town of Minto was 5,744, while in 2011 the population grew to 8,334. That's a difference of 2,590. Adjusting for similar growth for the past five years brings us to a projected population in 2016 of 10,924. In this option the Town of Minto would invest \$1 per resident making your contribution a total of \$10,924.

Our 'Healing Invisible Wounds Intensive Program' is going to make a huge difference to residents suffering with PTSD and who are facing stigma, lack of education and support to a holistic healing program.

We are confident that we can make an impact with partners like the Town of Minto who value safety, sense of community and quality of life.

We look forward to you contributing towards our goals.

Sincerely,



Darlene DeStefano, PhD, CPC, MMsc
Chair & Founder
Mission Butterfly Incorporated
Direct Line: 519-837-0507