

# LHIN NEWS

For Health Professionals



Newsletter Link: <http://createsend.com/t/t-6E5F18B3E5257094>

## Featured Stories and Information:



Natasha's Story: Self-care is a Life Journey



Waterloo Wellington LHIN Supports Light Therapy in Kitchener Public Libraries



Using Technology to Connect More Caregivers to the Support They Need, Close to Home



New Online Tool Will Support People Waiting for Mental Health Services



One Year of IMPACT in Wellington County; a Huge Success



Waterloo Wellington LHIN Brings Clinicians Together for Critical Conversations



Share Your Vision for Wellbeing in Waterloo Region!



#WeRally2021 for the Health and Wellbeing of Our Community



Patient's First Update

## Waterloo Wellington Local Health Integration Network

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**LinkedIn:** Waterloo Wellington Local Health Integration Network **Facebook:** Waterloo Wellington LHIN **Twitter:** @WW\_LHIN