

## ***Community Youth Resiliency Worker: Draft Work Plan and Budget***

### **Draft Work Plan**

Priority Areas	Objectives	Activities	Indicators of Success	Approx. Time Commitment (per month)
<b>Youth Outmigration</b>	<ul style="list-style-type: none"> <li>Better understand the reasons for youth leaving and not coming back</li> <li>Identify jobs in demand locally</li> <li>Identify other factors that may entice youth to return (ex. cost of houses here vs the city)</li> </ul>	<ul style="list-style-type: none"> <li>Partner with a class at Norwell &amp; WHSS to conduct research with their peers (ask if they are planning on leaving, why, what would entice them to come back)</li> <li>Partner with graphic design class about creating marketing materials to promote local opportunities (for youth now and after post-secondary)</li> <li>Host information sessions for youth to find out about the diversity of opportunities</li> <li>Conduct an environmental scan to see about community assets, job market, etc</li> <li><b>OMAFRA Municipal Youth Engagement Initiative</b></li> </ul>	<ul style="list-style-type: none"> <li>Youth report increased knowledge of local opportunities</li> <li>More youth report a desire to return after post-secondary</li> <li>Increasing numbers of young adult population</li> </ul>	18 hours
<b>Communication Plan</b>	<ul style="list-style-type: none"> <li>Increase community awareness of local events, programs, workshops, etc</li> </ul>	<ul style="list-style-type: none"> <li>Maintain social media platforms: Facebook, Twitter, Instagram</li> <li>Develop a North for Youth website that is linked to all 3 township websites</li> <li>Monthly e-newsletter</li> <li>Develop a monthly calendar</li> <li>Submit stories/content to local media sources</li> </ul>	<ul style="list-style-type: none"> <li>Increased reported awareness</li> <li>Increased attendance at events and programs</li> <li>Increased amount of content/stories related to youth in local media sources</li> </ul>	12 hours
<b>Youth Leadership Opportunities</b>	<ul style="list-style-type: none"> <li>Increase youth engagement and civic participation</li> <li>Connect youth with community projects</li> <li>Facilitate opportunities for youth advocacy</li> </ul>	<ul style="list-style-type: none"> <li>Support Mapleton Youth Action Council</li> <li>Support WN Youth Action Council</li> <li>Support Minto Youth Action Council</li> </ul>	<ul style="list-style-type: none"> <li>Consistent youth coming out to YAC meetings</li> <li>Youth provide positive feedback about involvement in YAC</li> <li>Youth feel comfortable sharing their opinion and ideas with external parties (who attend YAC meetings as guests)</li> <li>Town Councils openly invite youth input AND use this input in making decisions</li> </ul>	16 hours

<b>Experiential Volunteering</b>	<ul style="list-style-type: none"> <li>• Expose youth to different experiences and future career paths through volunteerism</li> <li>• Youth to gain skills and knowledge required for future employment</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to support the Truth About Youth program- connect them with different community betterment projects</li> <li>• Work with PIN to identify volunteer opportunities that can help youth get a feel for different careers</li> <li>• Work with the co-op departments to identify more placements</li> <li>• Develop a volunteer portal specific to Northern Wellington (Minto has this already)</li> </ul>	<ul style="list-style-type: none"> <li>• Increased volunteerism</li> <li>• Youth report feeling more confident and skilled</li> <li>• Youth report having a better understanding of what they may or may not like to do in the future- as a result of trying out different fields</li> </ul>	10 hours
<b>Skill Development Workshops for Youth</b>	<ul style="list-style-type: none"> <li>• Increase youth access to skill development opportunities</li> </ul>	<ul style="list-style-type: none"> <li>• Partner with service clubs and community organizations to offer free/ low cost workshops and rotate locations between municipalities <ul style="list-style-type: none"> <li>○ Life Skills</li> <li>○ Pre-employment</li> <li>○ Mental Health</li> <li>○ General interest</li> <li>○</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Youth report increased confidence and competence</li> <li>• Youth are able to add more skills and credentials to their resume</li> </ul>	10 hours
<b>Professional Development Opportunities for Adult Allies</b>	<ul style="list-style-type: none"> <li>• Increase confidence and competence of adults interested in working with youth</li> </ul>	<ul style="list-style-type: none"> <li>• Host free-low cost workshops for Adult Allies such as: Connecting with Youth The Rural Way, Achieve, Safe TALK</li> </ul>	<ul style="list-style-type: none"> <li>• More adults trained in positive youth development</li> <li>• More professional development opportunities offered locally</li> </ul>	5 hours
<b>Facilitate Networking Opportunities</b>	<ul style="list-style-type: none"> <li>• Offer opportunities to meet other service providers in person; opportunity to develop new programs and services</li> <li>• Connecting young professionals with mentors, resources, and their peers</li> <li>• Offer opportunities for youth to find out about local volunteer and employment opportunities; fill gaps in labour market</li> </ul>	<ul style="list-style-type: none"> <li>• Co-chair Youth Engagement Community of Practice</li> <li>• Support the development of the NW Young Professionals Network (starting this fall)</li> <li>• Host annual recruitment fairs at WHSS and Norwell</li> </ul>	<ul style="list-style-type: none"> <li>• Service providers report feeling more connected to other organizations</li> <li>• More programs and services being offered in North Wellington</li> <li>• Young professionals attend the Network and continue coming out, making connections</li> <li>• Employers and volunteer coordinators able to fill gaps</li> <li>• Youth are hired on for employment or volunteer work</li> </ul>	5 hours (dependent on when events are scheduled)
<b>Community Outreach</b>	<ul style="list-style-type: none"> <li>• Better understand the needs, strengths, and goals of a variety of youth (from different subpopulations)</li> <li>• Identify community assets</li> <li>• Build relationships with local</li> </ul>	<ul style="list-style-type: none"> <li>• Find creative ways of connecting with youth who may not be engaged (ex. attend YJC or YAP groups)</li> <li>• Reach out to youth serving organizations about ways of working together and potential funding options</li> </ul>	<ul style="list-style-type: none"> <li>• Increased collaboration between youth serving organizations (less silos)</li> <li>• Meeting with at least one new group of youth and/or organization per month</li> </ul>	10 hours

	businesses, service clubs, and residents	<ul style="list-style-type: none"> <li>Attend local events to increase awareness of North for Youth</li> <li>Work more closely with local schools</li> <li>Dedicate time in each municipality</li> </ul>	<ul style="list-style-type: none"> <li>Community is more aware of North for Youth and our initiatives</li> </ul>	
<b>Health Promotion</b>	<ul style="list-style-type: none"> <li>Improve access to healthcare</li> <li>Advocate for more local services and supports</li> </ul>	<ul style="list-style-type: none"> <li>Connect with healthcare professionals to identify the most common health issues they see with youth; develop ways of addressing these issues (ex. youth clinic hours)</li> <li>Find creative ways of offering services locally to youth (in a place and format they are comfortable with)</li> <li>Support the development of resource booklets and pamphlets and distribute throughout the community</li> <li>Make efforts to address rising numbers of youth suicide rates in Wellington County</li> </ul>	<ul style="list-style-type: none"> <li>More youth able to access the health and mental health services that they require, in their local community</li> <li>Youth report increased knowledge of community resources</li> </ul>	15 hours
<b>Wellness Programs</b>	<ul style="list-style-type: none"> <li>Facilitate a variety of programs that focus on wellness and positive coping (ex. Wellness Wednesdays at the high schools)</li> </ul>	<ul style="list-style-type: none"> <li>Host regular wellness activities in partnership with local organizations</li> <li>Facilitate distress activities during high stress times for students (ex. before exams)</li> <li>Offer opportunities to try out different positive coping strategies</li> </ul>	<ul style="list-style-type: none"> <li>Youth attend wellness programs</li> <li>Youth report they find the session helpful and/or will use in the future</li> </ul>	15 hours
<b>Grant Research &amp; Writing</b>	<ul style="list-style-type: none"> <li>To obtain funding for various initiatives and events</li> <li>To investigate potential donors</li> <li>To obtain sustainable funding</li> </ul>	<ul style="list-style-type: none"> <li>Look into grants available</li> <li>Apply for relevant grants</li> <li>See about potential partners to work with on grant applications</li> </ul>	<ul style="list-style-type: none"> <li>Successful grant applications (receive funds)</li> <li>Able to fund different initiatives and programs</li> <li>Sustainable funding for CYRW position</li> </ul>	5 hours