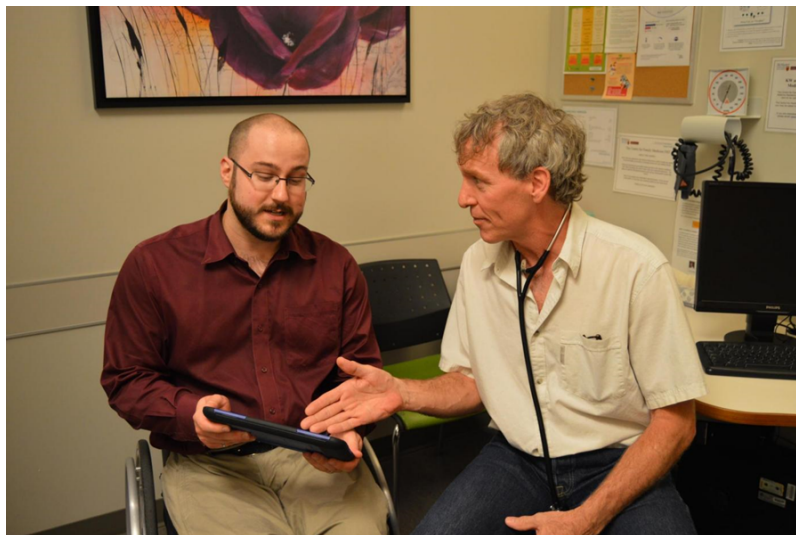


LHIN NEWS

For Health Professionals



The Waterloo Wellington LHIN's news for health professionals provides the latest updates from across the local health system as we work together to deliver high-quality, integrated, and patient-centred care for local residents.



Improving the quality of life for patients with mobility challenges

For the last eight years, since an accident that resulted in a spinal cord injury, Jeremy Howcroft relies on a wheelchair for mobility. He is one of the patients of the Mobility Clinic at the Centre for Family Medicine in Waterloo where an inter-professional team provides care for patients with health conditions such as amyotrophic lateral sclerosis (ALS), multiple sclerosis

(MS), Parkinson's disease, stroke, severe arthritis, and spinal cord injuries.

Jeremy credits the Mobility Clinic for being an important source of information. "Consuming knowledge made my situation less frightening," he says. In fact, Jeremy attributes the education he received to making the challenges he was facing "manageable."

According to Jeremy, the main benefit of going to the Mobility Clinic is having easy access to a team of knowledgeable professionals who understand the complex aspects of his health care. Instead of waiting for a referral to a specialist, he has access to a physician, nurse, chiropractor, occupational therapist, social worker, and pharmacist who understand spinal cord injuries as well as other chronic health conditions that impact mobility.

[Read more here.](#)



FACES of the Waterloo Wellington LHIN brings you closer to the people behind your health system – learn about their motivations, their experiences, and perhaps even more about your own health journey. Click on the image above to learn more about Deb and check [FACES](#) weekly for new stories.

MEET MICHAEL



Michael was born at just 24 weeks old. Due to his premature development, he developed an infection and required **three blood transfusions**. Today, Michael is a happy and healthy 5 year old - all thanks to the blood donor who saved his life.



WWLHIN

Partner News

Health Quality Ontario [May 2018 Newsletter](#)

Superhero Run for Kidsability

[Sunday, June 17](#)

[Exhibition Park, Guelph](#)

**Canadian Mental Health Association Waterloo
Wellington**

[Applied Suicide Intervention Skills Training \(June 23-24\)](#)

More blood donors needed during the summer months

Michael Leyva, a Kitchener resident, would not be here today if it were not for the generous blood donors who saved his life. Michael was born extremely premature and needed blood donations to fight off infection. Without blood donors he would not have celebrated birthdays, nor started school this year.

Blood donors are needed constantly, but this need is increased in the summer months. Canadian Blood Services is asking everyone eligible to donate blood and help save lives like Michael's.

If you have never donated before make sure to drink lots of water before attending a clinic, and bring a friend with you; donating with someone else can really alleviate those first-time nerves.

To book an individual appointment, visit blood.ca or call 1-888-2-DONATE. To book a group blood donation appointment of 3+ appointments together please contact Tara Gutscher tara.gutscher@blood.ca or 519-884-5646 ext. 4883.



House of Friendship expands counselling services

Beginning in June, House of Friendship will provide additional counselling for individuals, families and groups with addiction or substance-use concerns, as well as gambling, problem internet use and gaming.

Formerly offered by St. Mary's Counselling Services, this voluntary integration of counselling services was supported by the Waterloo Wellington Local Health Integration Network at a board meeting in March.

For more information visit www.houseoffriendship.org.
For counselling, contact HERE 24/7 at 1-844-437-3247.

Wellington hospitals seek feedback from residents

The hospitals in the Wellington Health Care Alliance are asking residents to complete a survey that will help the hospitals better serve their patients.

Groves Memorial Hospital in Fergus, Louise Marshall Hospital in Mount Forest, and Palmerston and District Hospital will use the feedback in a new strategic plan that will provide direction to their organizations for the next five years.

The survey is available [online](#).

Help end summer hunger

According to Food Banks Canada, four million Canadians are food insecure and struggle to put enough food on the table.



To help those in need, food banks across Canada are coming together to participate in a campaign with an inspiring goal: to fill the plate of every hungry Canadian this summer.

During the summer months, donations to food banks decline but the need for food support does not. This campaign brings together local food banks, businesses and Canadians to ensure none of our neighbours go hungry this summer.

[Read more here.](#)

We want to hear from you! As a recipient of the Waterloo Wellington LHIN newsletter, your opinion will help shape what we publish each month. Click below to fill out a quick survey.

Button



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