

2018

AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday
ASH - Arthur Seniors Hall CUC - Clifford United Church DRC - Drayton Reformed Church KPC - Knox Presbyterian Church CNRA -Palmerston MFPC - Mount Forest Pentecostal Church PUC - Palmerston United Church VON - SMART Exercise MF Curling Club	 01	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:30 SMART Exercise Drayton Reformed Church 1:00 Games Afternoon - Mt Forest District Sports Plex	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 11:00 Tastes for Life - MFPC 3:00 SMART Exercise - VON Mt Forest Curling Club 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 9:00 Harriston Walking - Arena 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 1:00 Bridge - Arthur Seniors Hall
06	07	08	09	10
	9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 12:00 Palmerston Dining: 10 Warning Signs of Dementia and what to do about them 1:00 Games Afternoon - Mt Forest DSP 2:00 Art Workshop - Harriston Library \$5.00	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 3:00 SMART Exercise - VON Mt Forest Curling Club 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 12:00 Drayton Dining: Do you hear what I hear? Bauer Hearing
13	14	15	16	17
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise CUC 9:00 Euchre Drayton United Church 9:30 SMART Exercise DRC 10:00 Yoga - PUC - \$5. per class	9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Book Club - Harriston Library 519 338 2396	9:00 Palmerston & Harriston Walking -Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 11:00 Cooking with Paula- Register @MMFHT 519 638 2110 1:00 Games Afternoon Mt Forest DSP 2:00 Cards & Games \$2.00 Location Change	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 3:00 SMART Exercise - VON Mt Forest Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 12:00 Clifford Dining: Falls & Arthritis - Arthritis Society - Susan McAuslen
20	21	22	23	24
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - PUC - \$5. per class	9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 10:30 Art Workshop - Palm Lib \$5.00 1:00 Games Afternoon - Mt Forest DSP 6:15 Cricut Creations-Clifford Lib-519 327 8328 6:45 Book Club-Cooking-Drayton Lib 519 638 3788	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC
27	28	29	30	31
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise CUC 9:00 Euchre DUC 9:30 SMART Exercise DRC 10:00 Yoga - PUC - \$5.00 per class	9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 10:00 Friendship Circle - PUC 1:00 Games Afternoon - Mt Forest & DSC 12:00 Harriston Dining: Africa Via Tanzania, Kenya, Zambia, Botswana and Madagascar - Photographer Mark Garbutt	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 12:00 Arthur Dining: Musical Entertainment Tonia-Joy Skipper 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC