

2018

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	31
SENIORS' CENTRE for EXCELLENCE 	ASH - Arthur Seniors Hall BRC - Birmingham Retirement Community CUC - Clifford United Church CNRA -Palmerston DRC - Drayton Reformed Church	DUC - Drayton United Church KPC - Knox Presbyterian Church MFPC- Mount Forest Pentecostal Church PUC - Palmerston United Church VON - SMART Exercise MF Curling Club	FREE Shuffleboard TRY IT & Registration Sept 13 1-3 Thursdays - Weekly PMD Arena Drayton Season Starts Sept 20 from 1-4	Homemaking Services Available at reasonable rates For more information please call 519 638 10000 or toll free 1 866 446 4546
03	04	05	06	07
	GOOD FOOD BOX -PAYMENT DATE 9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club	9:00 Palmerston & Harriston Walking-Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 1:00 Games Afternoon - Mt Forest DSP 7:00 Bereavement Group -Birmingham Retirement Community - What's Time Got to do with it?	9:00 Palmerston Walking - Arena 10:00 Coffee Morning - Clifford Hall 11:00 Tastes for Life - MFPC 11:00 Harriston Exercise- KPC 3:00 SMART Exercise - VON MF CC 6:00 Arthur Writer's Group-Arthur Library 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking-Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 2:30 Harriston Library -Life in the 1800's- Drop In
10	11	12	13	14
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise CUC 9:00 Euchre Drayton United Church 9:30 SMART Exercise DRC 10:00 Yoga - PUC - \$5. per class	GOOD FOOD BOX - DROP OFF DATE 9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club	9:00 Palmerston & Harriston Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 12:00 Palmerston Dining: Blue Box Information - Can this go in? 1:00 Games Afternoon Mt Forest DSP	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 1:00 Shuffleboard Registration PMD 3:00 SMART Exercise - VON MF Curling Club	9:00 Palmerston & Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 12:00 Drayton Dining: Toe Tapping Favourites with Tonia - Joy Skipper
17	18	19	20	21
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - PUC - \$5. per class	9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking - Arena 9:00 SMART Exercise CUC 11:00 Cooking with Paula - Register at 519 638 2110 1:00 Games Afternoon - Mt Forest DSP 2:00 Cards & Games \$2.00 - CNRA	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 1:00 Shuffleboard - PMD 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking-Arena 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 12:00 Clifford Dining:My Trip to Jerusalem 7:00 Cards - Drayton Legion \$5
24	25	26	27	28
9:00 Palmerston & Harriston Walking - Arena 9:00 SMART Exercise CUC 9:00 Euchre DUC 9:30 SMART Exercise DRC 10:00 Yoga - PUC - \$5.00 per class 2:00 Drayton Library - Carnegie Cafe Backroads of Ontario register 519 638 3788	9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 10:00 Friendship Circle - PUC 1:00 Games Afternoon - Mt Forest & DSC 12:00 Harriston Dining: "After Whys" Play - Reduce the Stigma of Mental Health	9:00 Palmerston & Drayton Walking - Arena 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 12:00 Arthur Dining: OPP Bicycle Unit and OPP Josh Cunningham 1:00 Shuffleboard PMD Arena 3:00 Smart Exercise VON - MF Curling Club	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC