

Waterloo Wellington LHIN

LHIN NEWS

For Health Professionals



The Waterloo Wellington LHIN's news for health professionals provides the latest updates from across the local health system as we work together to deliver high-quality, integrated, and patient-centred care for local residents.



Golfers with Dementia Continue to Enjoy the Game

On a hot, hazy Thursday morning in August, five golfers arrive at Doon Valley Golf Course in Kitchener to participate in a game they love. What is unique about this group of golfers is that each one has dementia and is participating in a program called "Golf-Fore-Life." The twice-a-week program alternates

between Rockway and Doon Valley Golf Courses on Tuesdays and Thursdays. In its first year, this pilot program is turning out to be a hidden gem, and it appears to be the only one of its kind in North America.

Golf-Fore-Life is an initiative of the City of Kitchener that aligns with its mission to support all residents to be active throughout their lifespan regardless of their abilities. The program began in June with a pro golfer from the club teaching skills to the participants. Since July, golfers have been playing nine holes at Rockway Golf Course on Tuesdays. On Thursdays, golfers switch to Doon Valley Golf Course for “Pitch ‘n Putt” where they practice driving, chipping and putting. Funding for the program has been provided by the Ontario Sport and Recreation Fund.

[Continue reading.](#)



FACES of the Waterloo Wellington LHIN brings you closer to the people behind your health system – learn about their motivations, their experiences, and perhaps even more about your own health journey. Click on the image above to learn more about Lance and check **FACES** weekly for new stories.



The Opioid Crisis: Doing nothing is not an option

The Waterloo Region Integrated Drugs Strategy and Region of Waterloo Public Health have teamed up to create a series of videos that examine the opioid crisis in Waterloo Region.

The videos began airing on CTV in early August and include perspectives from local partners and individuals with lived experience of drug use. The videos highlight a community collaboration and aim to bring more understanding and compassion to the opioid issue.

"We were really hoping to address some of the beliefs and misconceptions that people have about opioids [and] about the crisis," said Julie Kalbfleisch, Manager of Information and Communications with Region of Waterloo Public Health. "What we did was include the perspectives from people who are either impacted by the opioid crisis and people who are trying to take leadership and address the opioid crisis."

[Continue reading.](#)

We want to hear from you!

Over the past decade, the Waterloo Wellington Local Health Integration Network has worked to significantly improve the quality and availability of local health care. Now, our local health system is building a three-year

plan focused on making it easier. Easier for you to be healthy. Easier for you to get the care and support you need. Easier for you and your family to live the healthiest lives possible.

[Complete the survey.](#)



We need help answering some simple but important questions. It will take about five minutes of your times.



New Rapid Access Addiction Clinic Opens in Cambridge

House of Friendship is pleased to announce the opening of the Cambridge Rapid Access Addiction Clinic (RAAC).

The Cambridge Rapid Access Addiction Clinic, funded by the Waterloo-Wellington Local Health Integration Network, and offered in partnership with Stonehenge

Therapeutic Community and the Waterloo Region Nurse Practitioner-Led Clinic, is one of three locations in Waterloo-Wellington.

The RAAC is a specialized walk-in medical clinic that provides quick and easy access to individuals who are experiencing health issues related to their drug and/or alcohol use. It is a short-term service with the goal of connecting patients back to their primary care provider for ongoing care.

The Cambridge RAAC, staffed with a nurse practitioner, counsellor, peer support worker and clinical lead, will be open on Fridays from 9 a.m. to 3 p.m. at the Waterloo Region Nurse Practitioner-Led Clinic at 13 Water St. North in Cambridge.

For more information about Waterloo-Wellington's Rapid Access Addiction Clinics, visit <http://www.raacww.ca/> or call 1-844-722-2977.

Frailty Screening and Case-Finding for Complex Chronic Conditions in Older Adults in Primary Care

The Case-Finding for Complex Chronic Conditions in Seniors 75+ (C5-75) program is an innovative care model aimed at identifying frailty and commonly associated geriatric conditions among older adults within a Canadian family practice setting, as well as targeting interventions for identified conditions using a feasible, systematic, evidence-informed multi-disciplinary approach.



Known previously as Technology Evaluation in the Elderly Network, TVN

The C5-75 program aims to re-conceptualize care from reactive interventions post-diagnosis for single disease states to a more proactive approach aimed at identifying older adults who are at highest risk of poor health outcomes, case-finding for unrecognized co-existing conditions, and targeting interventions to maintain health and well-being and potentially reduce vulnerability and health destabilization.

[Continue reading here.](#)



Guelph Independent Living Releases New Video

Guelph Independent Living has just announced the official release of their new promotional and training video called "I am Gil." The video was filmed and edited by their 2018 summer student Alexa Matteis and includes many heartfelt stories of clients and employees.

In 1982, the organization established its first assisted living program to assist adults with physical disabilities to live independently.

[Watch the video here.](#)



Outstanding Care and Integrative Practice Award

Marilyn White-Campbell has been recognized by the Canadian Academy of Geriatric Psychiatry and the

Canadian Coalition for Seniors' Mental Health for her outstanding partnerships and achievements.

Marilyn is Co-Chair of the Behavioural Supports Ontario Geriatric Addictions and Mental Health Collaborative and has been outstanding in her leadership provincially and also locally within Waterloo Wellington with the support of Behavioural Supports Ontario Provincial Office.

Congratulations and great work Marilyn.

Waterloo Wellington **LHIN** **PARTNER NEWS**



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