

Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise CUC 9:00 Euchre Drayton United Church 9:30 SMART Exercise DRC	GOOD FOOD BOX -PAYMENT DATE 9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club	9:00 Palmerston & Harriston Walking-Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 1:00 Games Afternoon - Mt Forest DSP 7:00 Bereavement Group -Birmingham Retirement Community - Creating Your Wheel of Support	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 3:00 SMART Exercise - VON MF Curling Club 6:00 Arthur Writer's Group-Arthur Library	9:00 Palmerston & Harriston Walking-Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 2:30 Carnegie Cafe Pintrest Projects - Harriston Library
08	09	10	11	12
	GOOD FOOD BOX - DROP OFF DATE 9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club	9:00 Palmerston & Harriston Walking-Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 10:00 Hooks & Needles Palmerston Lib register @ 519 343 2142 12:00 Palm Dining: Financial Planning 1:00 Games Afternoon - Mt Forest DSP	9:00 Palmerston Walking - Arena 10:00 Coffee Morning - Clifford Hall 11:00 Tastes for Life - MFPC 11:00 Harriston Exercise- KPC 1:00 Shuffleboard PMD 3:00 SMART Exercise - VON MF CC 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking-Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 12:00 Drayton Dining: 10 Warning Signs of Dementia with Alzheimer's Society Robin Smart
15	16	17	18	19
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise CUC 9:00 Euchre Drayton United Church 9:30 SMART Exercise DRC 10:00 Yoga - PUC - \$5. per class	9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club	9:00 Palmerston & Harriston Walking 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 11:30 Cooking Matters- register 519 638 2110 2:00 Cards & Games \$2.00 - CNRA 2:30 Cyber Safety Month - Clifford Lib 519 327 8328	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 12:00 Clifford Dining: New Date - Travel to the Land Down Under - with Photograper Sharon Grose 1:00 Shuffleboard PMD	9:00 Palmerston & Harriston Walking 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 2:30 Author Brad Smith - Harriston Library register 519 338 2396
22	23	24	25	26
9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - PUC - \$5. per class	9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston & Harriston Walking- Arena 9:00 SMART Exercise CUC 12:00 Arthur Dining New Date: Medical Marijuana- with Pharmacist Robin Brown 1:00 Games Afternoon - Mt Forest District Sports Complex	9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 1:00 Shuffleboard - PMD 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball - Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Harriston Walking-Arena 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 7:00 Cards - Drayton Legion \$5
29	30	31	01	02
9:00 Palmerston & Harriston Walking - Arena 9:00 SMART Exercise CUC 9:00 Euchre DUC 9:30 SMART Exercise DRC 10:00 Yoga - PUC - \$5.00 per class 2:00 Drayton Library - Carnegie Cafe:The Poor House register 519 638 3788	9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:00 Smart Exercise VON - MF Curling Club 7:00 Pickle Ball- Harriston Arena \$2.00	9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 10:00 Friendship Circle - PUC 1:00 Games Afternoon - Mt Forest & DSC 12:00 Harriston Dining: "Witches aren't That Bad" Janna Dodds	ASH - Arthur Seniors Hall BRC - Birmingham Retirement Community CUC - Clifford United Church CNRA -Palmerston DRC - Drayton Reformed Church	DUC - Drayton United Church KPC - Knox Presbyterian Church MFPC- Mount Forest Pentecostal Church PUC - Palmerston United Church VON - SMART Exercise MF Curling Club